



## Quest, Inc.

### Volunteer Opportunities

Quest seeks Individual and Community Work Group Volunteers to:

- Provide clerical support at our corporate office in Orlando and Camp Thunderbird
- Provide cabin staff support for summer/winter programs at Camp Thunderbird-a minimum one week commitment is required
- Support our Outdoor Beautification and Restoration Projects:
  - ◇ Rake Leaves
  - ◇ Weed Removal
  - ◇ Hedge Trimming
  - ◇ Mulching
  - ◇ Planting Flowers
  - ◇ Planting a Vegetable Garden
  - ◇ Pressure Washing- Homes, Buildings, Driveways
  - ◇ Trash Pick-up
  - ◇ Window Cleaning
  - ◇ Painting a Living Room, Bedroom or Office
  - ◇ Repair- Minor Maintenance Projects
  - ◇ Build
    - \* Shelving
    - \* Outdoor Decking
    - \* Outdoor Benches
    - \* New Furniture in work and activity areas
    - \* Outdoor Picnic and Recreation Areas
  - ◇ Clean and/or Organize
    - \* Closets, Storage Sheds
    - \* Cabins at Camp Thunderbird
    - \* Warehouse at Quest South
    - \* Carpets and Floors
- Provide a Recreational and/or Social Activity for a Quest program
  - ◇ A monthly party for guests at Camp Thunderbird
  - ◇ Participate in our Holiday Home Adoption and sponsor a holiday party
  - ◇ Weekday Music, Dance, Art, and/or Exercise program at our Adult Day Training Program (weekly, monthly, quarterly)
  - ◇ Weekday Adult Educational Programs-fire safety, health and wellness topics at our Adult Day Training Programs
- Adopt a Quest program and provide monthly or quarterly volunteer support for one of the above projects.

\* Please note that Quest requires all individual volunteers who plan to work directly with the individuals we serve to be 18 years or older and complete a background check and fingerprinting prior to volunteering.